



Ancient Ways

4075 Telegraph Ave . Oakland CA 94609

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Herb List

(Version 20230424 deb)

Prices are by the ounce, except where noted. Herbs over \$5.00 may be purchased by the half ounce. On mail orders there is a **2-ounce minimum** for each herb.

Secret Herb Code:

\$ = Used in Money Spells

I = Used in Incense

L = Used in Love Spells

M = Medicinal Use

P = Used for Protection

T = Makes a Tasty Tea

O = Organically Grown

W/C = Wild Crafted

***= Caution Needed - not necessarily for internal use**

Acacia Flowers P	3.60	Cinnamon powder T \$ L P I ...	2.15	Heal All M	8.60
Acorn P	0.50 each	Cinquefoil (Five Finger Grass) \$	3.50	Henna, rajah *.....	1.85
Agrimony M P W/C	1.25	Cleavers M	1.60	Henna, copper *.....	1.85
Alfalfa M T \$	1.00	Clover, red O M T \$ L P	4.80	Hibiscus flowers M T L	1.05
Allspice, whole \$ I M	1.15	Cloves, whole \$ L P T	4.00	High John the Conqueror root	
Allspice, pwd \$ M I	1.15	Cloves, pwd \$ L P I	4.40	\$ L P	5.50-10.00 each
Aloe Vera, pwd P	3.60	Cohosh, Black M P	3.20	Holy Basil \$ L P T	2.90
Aloes Wood L I	3.00	Cohosh, Blue M W/C	3.40	Hops M T	2.80
Angelica root M P	2.60	Coltsfoot M L	2.35	Horehound M P W/C	2.05
Anise seed M T	1.35	Comfrey leaf * M T \$	2.35	Hyssop M P	1.20
Anise (star), whole T	5.35	Comfrey root * M \$	2.75	Irish Moss \$ P	3.30
Asafoetida pwd P I	4.40	Coriander seed L	1.80	Jasmine flowers T \$ L	5.00
Ash Bark P	3.95	Corn Flowers L	7.15	Jericho flowers \$ P	7.00 each
Balm of Gilead buds (Poplar buds)		Couch (Dog or Witch) Grass L	2.85	Jezebel Root \$	12.00 each
* L P W/C ...	0.25 each, or 2.80	Cramp Bark M	1.70	Job's Tears * \$ L	0.25 each
Balsam Fir \$	4.00	Cubeb Berries L	5.55	Juniper berries M L P I	2.70
Basil (Egyptian) \$ L P T	2.30	Curry powder, mild P	1.10	Kava Kava L P	10.85
Bay P I25 each, or 1.35	Damiana Leaf M T L W/C	1.95	Kola nuts, whole P	1.00 each
Bayberry bark \$	7.55	Dandelion leaf M T	3.30	Kola nut, pwd P	1.35
Bayberry bark pwd \$	7.75	Dandelion root M	3.80	Lavender, French M T P I	2.90
Birch Bark, c/s P	2.55	Deer's Tongue \$ L	14.00	Lemon Balm M T L W/C	2.35
Birch Bark, pwd P	2.55	Devil's Shoestring L P	OS	Lemon Grass T L	2.05
Blessed Thistle * M	2.90	Devil's Club L P	9.40	Lemon Peel M T	2.20
Blood Root whole * L P	15.00	Dill Seed \$ L P	1.00	Lemon Verbena * M L T	2.80
Blood Root c/s * L P	15.00	Dittany of Crete L	OS	Licorice root c/s M T L	2.20
Boneset M P W/C	2.95	Don Quai M	5.65	Licorice root pwd M T L	1.35
Borage M	2.65	Echinacea root M	6.00	Licorice sticks M T L	0.45 each
Buckeye \$	1.50 each	Echinacea leaf M	5.65	Life Everlasting	5.20
Burdock Leaf M P	1.25	Elder Flower M \$ P	4.10	Linden Leaves * L P	2.65
Burdock Root M P	1.45	Elecampane root O L P	2.95	Lobelia * L W/C	2.50
Calamus (Sweet Flag) * \$ P	3.10	Eucalyptus M P	1.15	Lovage root, pwd L	1.10
Calendula (Marigold) MTSP	2.00	Eyebright M	4.80	Lovage root L	1.95
Canada Snake Root L	3.20	Fennel seed M T P	1.00	Mandrake * \$ L P	6.80
Cardamom seed L I	7.40	Fenugreek M \$	1.00	Marjoram \$ L	1.00
Cardamom Whole L I	6.00	Feverfew O M	3.90	Marshmallow root M	2.10
Cascara Sagrada M \$ P	1.50	Flax seed O M \$ P	1.00	Mistletoe * L P	2.45
Catnip M T L	2.65	Galangal root (Chewing John)		Motherwort M	5.10
Cayenne (40 heat) M	1.75	pieces \$ L P	2.50	Mugwort P I	1.55
Cedar, leaf \$ P I	3.30	slices \$ L P	2.25	Mullein leaf M P	1.70
Cedarwood chips \$ P I	1.00	Garlic powder M L	1.00	Mustard seed, black P	1.00
Celandine * P	1.75	Gelatin caps "0" ...	0.05 each, 8.70	Mustard seed, yellow P	1.15
Celery seeds L	1.75	Gelatin caps "00" .	0.10 each, 13.95	Myrtle leaves L	2.50
Chamomile M T \$ L	2.50	Ginger powder M \$ L	2.00	Nettle M T L P W/C	2.35
Chaparral * M	1.50	Ginger, cut M \$ L	2.00	Nutmeg, whole \$ L .	0.70 each, 3.20
Checkerberry (Squaw Vine)	7.50	Ginkgo M	1.70	Nutmeg, ground \$ L I	3.50
Chervil	2.65	Ginseng powder M L P	20.00	Oatstraw M T \$	2.90
Chickweed M L	2.90	Golden Seal root pwd * M \$..	15.00	Onion powder \$ L P	1.00
Chili Peppers, red....	10 each or 1.10	Gota Kola M T	1.60	Orange peel M T \$ L	1.30
Cinnamon chips T \$ L P	2.30	Grains of Paradise \$ L I	4.60	Oregano \$	1.20
Cinnamon sticks, 2-3/4 inch...	2.25	Guarana seed pwd.....	2.35	Orris root L P I	3.40

Orris root, pwd L P I	3.65	Rose, red L P I	2.35	Valerian root, cut M L P	3.00
Osha root P I 1/4oz 7.00, 1oz 26.00		Rose, buds, pink L P I	3.20	Valerian root, pwd M L P	1.75
Palo Santo sticks P I	2.50 each	Rose Hips, whole M T L P	1.50	Vanilla beans L	6.75 each
Parsley L P	1.20	Rose Hips, pwd M T L P	1.35	Vervain * M \$ L P	2.90
Passion flower M L	4.00	Rosemary M L P T I	1.15	Vetiver root, cut \$ L I	OS
Patchouli leaf \$ L I	4.00	Rue * L P 1/4oz 4.00, 1oz 15.60		Vetiver root, pwd \$ L I	2.20
Patchouli pwd \$ L I	4.40	Sage, culinary T P	1.90	Violet, Leaf L	2.80
Pau d'Arco M T W/C	1.50	Sage, rubbed P I	1.15	White Pepper P	2.80
Pennyroyal * M T	2.95	Sarsaparilla root M T L	2.05	White Willow bark M L P	1.40
Peony Root c/s P	5.60	Sassafras bark * M T \$ I	12.20	White Willow, pwd M L P	1.90
Peony Root slices P	5.60	Saw Palmetto, whole M	5.25	Wild Cherry bark L	1.60
Peppermint leaf M T L I	1.60	Senna leaves M L	1.00	Wintergreen leaf T P	2.90
Periwinkle * \$ L P	3.75	Skullcap M L W/C	4.40	Wishing Beans.....	0.50 each
Pine needles \$ L I	1.00	Slippery Elm bark, cut M	5.00	Witch Hazel bark M P	2.45
Pipsissewa (Prince's Pine) \$	3.05	Slippery Elm bark, pwd M	3.40	Witch Hazel leaf M P	2.60
Poppy California T \$ L	6.60	Solomon's Seal	13.00	Wood Betony L P	2.85
Poppy seeds L	1.00	Spearmint leaf M T L	1.70	Woodruff (Master of the Woods) *	
Psyllium Seeds O	1.00	St. John's Wort * M P	2.95	M \$ P	4.15
Quassia, cut L	1.25	Stevia T	2.65	Wormwood, cut * M L I	2.25
Quassia, pwd L	1.50	Strawberry leaf M T L	1.90	Yarrow flowers M L I	1.90
Queen of the Meadow (Gravel Root, Joe Pye Weed) \$	1.75	Tansy * M W/C	1.70	Yellow Dock root M \$ W/C ...	2.00
Raspberry leaf W/C M T L P	1.50	Thyme M L I	2.35	Yerba Santa M P	3.25
Red Root L P	4.00	Tilia Star Flowers (Linden).....	1.40	Yohimbe bark, cut * M L	4.25
		Uva Ursi M W/C	2.85	Yohimbe bark, pwd * M L	6.00

POWDERS, SALT, SOAP, SULFUR, Etc.:

Black Salt *	1.00	Natron P	1.00	Saltpetre (max 2 oz.).....	3.20
Black Soap (from Nigeria).....	5.00	Salt, Himalayan pink, coarse P	0.75	Sulfur (Brimstone) * I	3.20
Cascarilla cups	1.00 each	Salt, Himalayan pink, fine P	0.75	Vesta Powder L	1.50
Dressing powder	3.50	Salt, sea - coarse P	0.50	Witch's Salt P	0.75
Hot Foot Powder P	2.00	Salt, sea -fine P	0.50		

RESINS:

Benzoin gum I	2.70	Dragon's Blood, pwd L P I	15.10	Sandalwood, red, chips P I	3.50
Camphor M I	8.80	Frankincense, tears P I	2.65	Sandalwood, red, pwd P I	4.15
Copal, Black L I	6.00	Frankincense, pwd P I	3.40	Sandalwood, yellow, chips P I	
Copal, Gold L I	3.00	Gum Arabic (Acacia) I	2.25	11.00
Copal, White L I	3.60	Myrrh gum, tears P I	6.00	Sandalwood, yellow, pwd P I	13.30
Dragon's Blood, chunks L P I	15.10	Myrrh gum, pwd M P I	4.10		

SMUDGES and SWEETGRASS:

Sage, green, small smudge P I	4.00	Sage, white, loose P I	4.50	Sage, white, large smudge P I	15.00
Sage, green, large smudge, P	14.00	Sage, white, small smudge P I	4.50	Sweetgrass, each braid P	20.00

HERBAL BLENDS, BATHS and TEAS:

Energy Renewal Bath: prepares for an active day or evening	2.00
Love Bath: for love, harmony and passion	2.00
Meditation and Healing Bath: relieves tension and produces the calm needed to heal	2.00
Money Bath: attracts financial and business success.....	2.00
Purification Bath: a recipe from the Greater Key of Solomon for cleansing yourself from daily cares	2.00
Relaxing Bath: a good way to end your day	2.00
Success and Happiness Bath: prepares for the best things in life	2.00
Smoking Mixture: a good alternative to tobacco.....	2.00
Mulling Spice: add to wine or cider and heat for a yummy treat.....	2.00
China Black Tea: a strong, black tea	3.10
Cold and Flu Tea	2.00
Love Tea: attract love, helps with communication	2.00
Smart Tea: Enhances clear thought and memory	2.00

Please consult your doctor or a qualified herbalist for medical advice. The use of herbs in spells is from folklore sources. We make no claims for their effects.

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